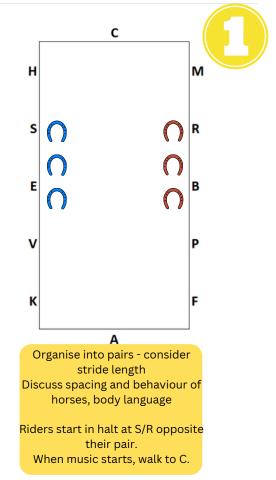
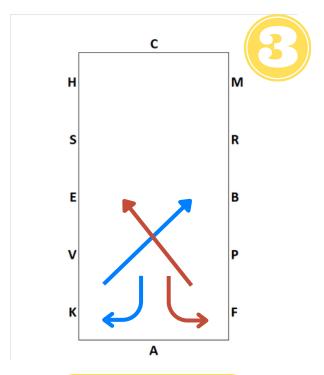


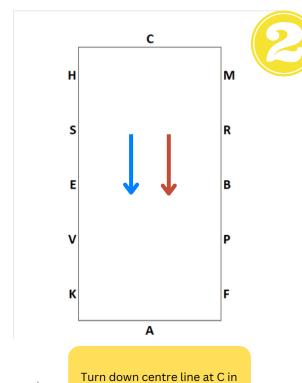
## Floorplanning & choreography - Anna Hawkins





Weave across short/long diagonal, pick up trot as start diagonal.

Discuss spacing. Optional medium trot for those who

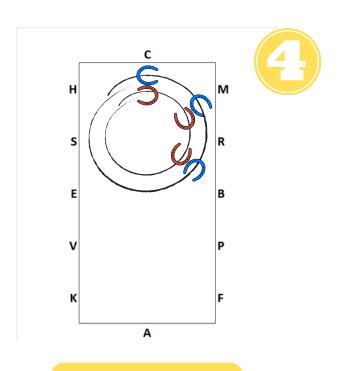


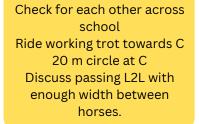
pairs.

DM1: "shake it off" - outside

hand shakes it off

Track left/right at A

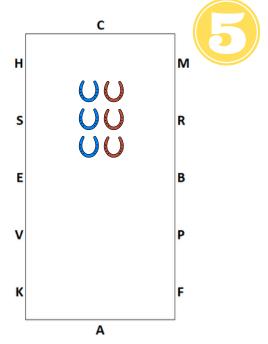


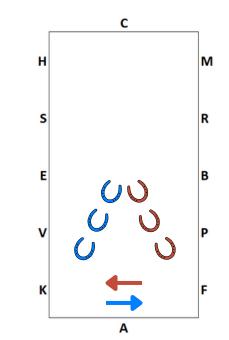








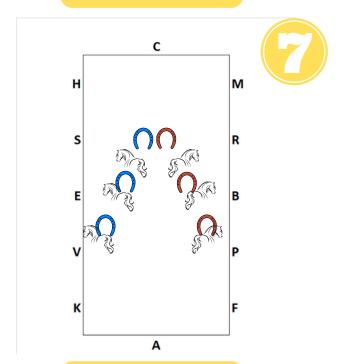




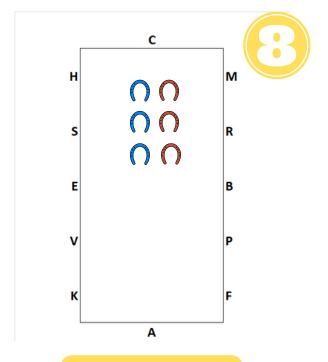
At X split onto diagonals to K/F Walk at K/F Pass L2L at A

DM2: As per DM1
but while in trot (if safe)

Back down centre llne in pairs



At V/P commence leg yield towards centre line
Discuss aids, flexion and purpose/benefits.



Halt in formation at G
DM3:
Spare arm across chest
then up and out as final
position



